

KS3 Menu 2023

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

Pizza, Chips, & Beans
Pepperoni



Chicken Burger,
Wedges & Veg

Burger buns may contain sesame seeds



Local Sausages, Mash,
Onion Gravy & Veg



Cottage Pie & Veg



Fish, Chips & Beans
or Mushy Peas



Vegetarian Option

Pizza, Chips, & Beans
Cheese & Tomato



Vegan Burger,
Wedges & Veg

Burger buns may contain sesame seeds



Vegan Sausages,
Mash, Onion Gravy &
Veg



Vegan Cottage Pie &
Veg



Mozzarella Sticks,
Chips & Beans or
Mushy Peas



Salad or Sandwich

All sandwich bread may contain milk,
eggs and soya.

Cheese & Ham



Tuna & Red Onion



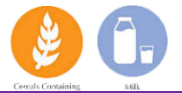
BLT & Mayo



Tuna & Cucumber



Cream Cheese & Ham



Vegetarian Option

All sandwich bread may contain milk,
eggs and soya.

Cheese & Pickle



Hummus & Red
Onion



Cheese & Onion



Hummus & Black
Olive



Cream Cheese &
Cucumber



Panini

All paninis may contain milk, soya and
sesame seeds.

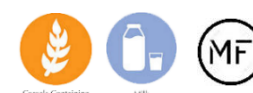
BBQ Pulled Pork



Chinese Chicken



Piri Piri Chicken



BBQ Chicken

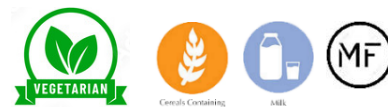


Italian Chicken



Vegetarian Panini

All paninis may contain milk, soya and
sesame seeds.



Cheese & Tomato

BBQ Jackfruit



For Vegan option, please pre-order at break time. Ask a member of staff at the tills.

Pizzini



Cheese & Tomato (Wholemeal)

ALLERGEN KEY 2023



= WHEAT

Cereals Containing
Wheat



= BARLEY

Barley



= EGGS

Eggs



= SOYA

Soya



= MILK

Milk



= VEGETARIAN



= CRUSTACEANS

Crustaceans



= MOLLUSCS

Molluscs



= VEGAN



= MUSTARD

Mustard



= FISH

Fish



= CELERY

Celery



= SULPHUR DIOXIDE

Sulphur Dioxide
(Sulphites)



= NUTS

Nuts



= LUPIN

Lupin



= SESAME

Sesame



= MADE IN A FACTORY THAT HANDLES ALL ALLERGENS