CAREER DEVELOPMENT INSTITUTE

Career development framework

How to have the career that you want

Career describes our journey through life, learning and work. We need to actively develop our careers to make the best of them. This process of career development takes skill as well as knowledge and the right attitude. You will need to work on these career development skills throughout your life.

The Career Development Institute has undertaken extensive research and consulted with career development experts and practitioners to identify the six career development skills that you need to have the career that you want.

Work on your career development skills

Whether you are in education, in work, unemployed or involved in caring or voluntary activity there will always be opportunities to work on your career development skills.

Career development skills can be improved by taking courses, trying new things, learning through doing, reading and engaging with the media and by reflecting on what you do well (and not so well).

Try and talk about your career with as many people as possible and take the opportunity to see a registered career professional when you can.

> *"More than ever, it's important people manage their careers through their working life. The CDI framework gives a clear, structured approach to help you develop your career."*
>
> **Stephen Isherwood (CEO), Institute of Student Employers**

For a positive career you need to...

Grow throughout life

Grow throughout life by learning and reflecting on yourself, your background, and your strengths.

Explore possibilities

Explore the full range of possibilities open to you and learn about recruitment processes and the culture of different workplaces.

Manage career

Manage your career actively, make the most of opportunities and learn from setbacks.

Create opportunities

Create opportunities by being proactive and building positive relationships with others.

Balance life and work

Balance your life as a worker and/or entrepreneur with your wellbeing, other interests and your involvement with your family and community.

See the big picture

See the big picture by paying attention to how the economy, politics and society connect with your own life and career.